

ENTRANCE ANTIPHON

The sorrows of death came about me, the pains of hell got hold upon me, and in my tribulation I made my prayer unto the Lord, and he regarded my supplication out of his holy temple.

COLLECT

O Lord, we beseech thee favourably to hear the prayers of thy people: that we, who are justly punished for our offences, may be mercifully delivered by thy goodness, for the glory of thy name; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, ever one God, world without end. **Amen.**

FIRST READING Deuteronomy 18:15-20**A reading from the prophet Isaiah**

Moses spoke to the people saying: The LORD your God will raise up for you a prophet like me from among you, from your brethren him you shall heed just as you desired of the LORD your God at Horeb on the day of the assembly, when you said, 'Let me not hear again the voice of the LORD my God, or see this great fire any more, lest I die.' And the LORD said to me, 'They have rightly said all that they have spoken. I will raise up for them a prophet like you from among their brethren; and I will put my words in his mouth, and he shall speak to them all that I command him. And whoever will not give heed to my words which he shall speak in my name, I myself will require it of him. But the prophet who presumes to speak a word in my name which I have not commanded him to speak, or who speaks in the name of other gods, that same prophet shall die.'

The word of the Lord

**PSALM R: Oh that today you would listen to his voice!
Harden not your hearts**

O come let us sing to the Lord:
let us make a joyful noise to the rock of our salvation!
Let us come into his presence with thanksgiving,
let us make a joyful noise to him with songs of praise! **R.**

O come, let us worship and bow down,
let us kneel before the Lord, our maker!
For he is our God and we are the people of his pasture,
and the sheep of his hand. **R.**

O that today, you would listen to his voice!
Harden not your hearts as at Meribah,
as on the that day at Massah in the wilderness
When your fathers tested me,
and put me to the proof, though they had seen my work. **R.**

SECOND READING 1 Corinthians 7: 32-25**A reading from St. Paul's letter to the Corinthians**

Brethren: I want you to be free from anxieties. The unmarried man is anxious about the affairs of the Lord, how to please the Lord; but the married man is anxious about worldly affairs, how to please his wife, and his interests are divided. And the unmarried woman or girl is anxious about the affairs of the Lord, how to be holy in body and spirit; but the married woman is anxious about worldly affairs, how to please her husband. I say this for your own benefit, not to lay any restraint upon you, but to promote good order and to secure your undivided devotion to the Lord.

The word of the Lord

GOSPEL ACCLAMATION

*Alleluia! Alleluia! The People who sat in darkness have seen a great light, and for those who sat in the region and shadow of death, light has dawned.
Alleluia!*

GOSPEL Mark 1: 21-28**A reading from the Gospel according to St. Mark**

In the city of Capernaum on the Sabbath Jesus entered the synagogue and taught. And they were astonished at his teaching, for he taught them as one who had authority, and not as the scribes. And immediately there was in their synagogue a man with an unclean spirit; and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. And they were all amazed, so that they questioned among themselves, saying, "What is this? A new teaching! With authority he commands even the unclean spirits, and they obey him." And at once his fame spread everywhere throughout all the surrounding region of Galilee.

The Gospel of the Lord.

PRAYER OVER THE OFFERINGS

We beseech thee, O Lord, graciously to accept these our prayers and oblations: that we being cleansed by these heavenly mysteries, may obtain of thy great mercy the fulfillment of all our desires; through Jesus Christ our Lord.

COMMUNION ANTIPHON

Show thy servant the light of thy countenance, and save me for thy mercy's sake: let me not be confounded, O Lord, for I have called upon thee.

PRAYER AFTER COMMUNION

Strengthen, O Lord, we pray thee, the wills of thy faithful people with these thy gifts: that we receiving the same may seek them more earnestly, and seeking the same may obtain them everlastingly; through Christ our Lord. **Amen.**



*Under the shared Sacramental and Pastoral Care of
Archbishop John Wilson & Mgr. Keith Newton*

THE CLERGY

Priest Fr. Edward Tomlinson 01892 825009
Asst. Priest Fr. Nicholas Levisieur 01892 770451
Associate priest: Fr. Benedict Kiely
Deacons Deacon Robert Smith 07789 044295
Deacon Roy Cavey

Email: edwardtomlinson@rcaos.org.uk
Website: www.saintanselms.org.uk
Blog: www.saintanselms.org.uk/blog

Septuagesima

28th January 2024

Sunday lessons year B; weekday lessons year II

MASS TIMES

Sun 28 **Septuagesima**
Said Mass 8am
Solemn Mass 9:15am
Sung Mass 11am

Mon 29 **Feria**
No Mass today

Tue 30 **Feria**
Low Mass 9:30am *RIP Palmyra's relatives*

Wed 31 **St John Bosco**
Holy Hour & confessions 6pm
Low Mass 7pm *Brian Barclay RIP*

Thu 1 **Feria**
Low Mass 9:30am *Maurice Edwards*

Fri 2 **CANDLEMAS**
Sung Mass 7pm *Tony Baker*

Sat 3 **St Blaise** *Michael Newton RIP*
Low Mass & blessing of throats 9:30am

NOTICES:

A warm welcome: to S. Anselm's. We hope to see you again
The Children's liturgy: takes place during the 9:15am Mass. This is for lower primary school children.

Child protection officer: Rosie Sawyer 01892 537349 & Trudy Donachie 07748771779 Please report any concerns directly.

Parish whatsapp group: to be added send your details to Father Ed. This is the best way to stay abreast of parish news.

Candlemas: This Friday Sung Mass 7pm with blessing of candles. Feel free to bring those you use devotionally at home.

Barn Dance: Saturday 10th February in Pembury Village Hall, plus live band. Tickets available now online and in person. Get yours early to ensure you get a place. It should be great fun! Please make every effort to support this major fund raiser. To buy online: bit.ly/StAnselmBarnDance

Buy Barn Dance ticket online: bit.ly/StAnselmBarnDance

Ash Wednesday: 14th February. Mass will be at 7pm with the imposition of ashes following Holy Hour at 6pm.

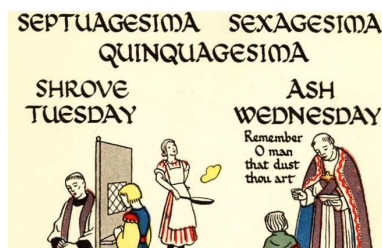
First Communion Class: will run on Saturday mornings, starting 17 February, 9:45am – 10:15am. Names to Father Ed. Open to children aged 7 and above.

Confirmation class: open to secondary school aged and above, begins Wednesday 21 Feb. Classes run from 7:45pm – 9pm Names to Father Ed.

Confirmation & First Communion Sunday: will take place on our patronal festival, April 21, when the celebrant shall be Mgr Keith Newton. Put the date in the diary. Shared parish lunch on the same day as we celebrate together as a parish.

Youth Group: will resume Sunday 21st January. Watch this space!

THE SEASON OF PRE LENT



The ancient season of pre-Lent, being the three weeks preceding Lent, has been restored within the liturgical life of the Ordinariate. The Sundays of Septuagesima, Sexagesima and Quinquagesima count the faithful down to Lent and offer us invaluable time to prepare for the coming season of penitence. For if we do not plan ahead how can we keep a good Lent? Pre-Lent is therefore the perfect time for buying reading material, making a thorough examination of conscience, setting some money aside for almsgiving, etc.. Pre Lent begins today and the purple vestments are used. However, because it is not yet Lent, we do not use the asperges or cease singing the Alleluia at Mass. Over the next three weeks I will use this space to commend good Lent books to read. How will you keep a worthy Lent this year? Giving something up is especially recommended, not because we are forced to go without, but because we learn to say no to the indulgence of the self and thereby build up self control.